

JACARANDA CLUBHOUSE

Billy puts the finishing touches on our Cupcakes



Wendy shows off her Food Safety Certificate

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|-------------------------------------------|---|
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Jacaranda Clubhouse Cupcakes
 Raising Money to increase members IT skills

4 for \$5

Weekly orders placed by 11am Wednesday mornings with delivery Thursday 11am to Ipswich CBD

Call 32810344 or email fsu@jacarandaclubhouse.com.au



www.jacarandaclubhouse.com.au

Jacaranda Clubhouse is currently running a weekly Cupcake Fundraiser to raise money for increasing the members IT Skills. Ordering is easy just call us on 32810344 or email fsu@jacarandaclubhouse.com.au

Business Services Unit

We recently attended the D2DL conference in Melbourne at the MCG. The Conference was a great way to learn how other organizations run their D2DL programs as well as learn about up to date information regarding current funding and possible changes in the future. We came away with lots of new project ideas that we hope to incorporate into the BSU as well as new menu ideas for the Food service Unit. It has been fantastic to see so many new faces in the Clubhouse this month as well as some returning Members



Food Services Unit

While we were in Melbourne we took some time out from the Conference to have a closer look at the Café scene to gather ideas for our own Jacaranda Flour. The incredible tasting food and the number of people that some of the smaller cafes can cater to is quite impressive and inspirational for our own small kitchen and vision. The Cupcake Drive is going really well with many on going orders



Working on the Jacaranda Flour Cafe

Member's got involved in rolling up of the carpet in the old Food Services Unit area for preparation of the Jacaranda Flour Café Project.

We made it on the Front Page of The Greater Springfield Times May 2014 Issue. A beautiful group photo displaying the cupcakes was taken by the Editor Susannah.

A special THANK YOU goes out to Susannah.



Ipswich Show 2014 By Victor S.

The Ipswich Show was held on 16th to 18th of May at the Ipswich Show Grounds. We didn't go as a group this year however members and staff attended with their friends and family at their own leisure time. I took my best friend Kimbal to the show for the first time, he really had fun and we enjoyed each others company. I bought the Betty Boop Bag for my girlfriend's daughter, she absolutely loved it.



I'm Alert Food Safety Program



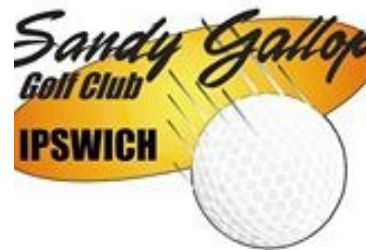
The food safety skills training program has been very popular with members working in the Food Services Unit. This Program is free of charge thanks to the Ipswich city council. We also have a few of the BSU workers who have participated in the program to assist others if needed.

THANK YOU TO ALL OUR SUPPORTERS



Articulate Framing

Willow and Rose



ROTHNIE FS
Risk Insurance Specialists

Mark Rothnie and the team at Rothnie Financial Security are one of only a few truly independent Risk Specialist advisory practices who provide sensible, tailored insurance solutions to suit all lifestyles and budgets.

Did you know the difference between a bad insurance solution and a good insurance solution is the quality of advice. Rothnie Financial Security operate with the values of trust, quality and security to work for you, not a large bank or institution to help you achieve your specific financial objectives. To find out more about how they can help you find the right financial solutions for your needs check them out at: <http://www.rothniefs.com.au/home>

Rothnie Financial security believe no debt should outlive the person who created it, so you can rely on them to provide you financial security for life!

Recipe

Scrumptiously Yummy GOLDEN SYRUP DUMPLINGS



Utensils:

Measuring Cups
Measuring Spoons
Dessert Spoon
Scales
Large Saucepan (with cover)
2 Mixing Containers
Skewer

Ingredients:

2 Cups **Water** (500ml)
3/4 Cup **Brown Sugar** (155g)
1/3 Cup **Golden Syrup** (80ml)
100g **Butter**
1 1/2 **Cups Self Raising Flour**
3/4 Cups **Milk** (185ml)
Ice cream Optional 😊

Method:

1. SAUCE—Combine the following ingredients in a large saucepan and stir over a low heat until melted:
 - * 2 cups Water
 - * 3/4 cup Brown Sugar
 - * 1/4 cup (not 1/3 cup) Golden Syrup
 - * 50g (not 100g) Butter
2. Have 1 1/2 Cups Self Raising Flour in a mixing bowl and add the remaining 50mg Butter. Use your fingertips for rub the butter into the flour until well mixed in.
3. In the other mixing bowl have 3/4 Cups Milk and put in the remaining Golden Syrup. Stir well and add to flour and butter mixture and again stir in well.
4. Bring the sauce to the boil and drop dessert spoonful of mixture into the sauce. Reduce the heat to low, cover saucepan and continue to simmer for 15-20 minutes.
5. Test your dumplings with the skewer. When the skewer comes out clean– it means your Scrumptiously Yummy Golden Syrups are READY!
6. You may like to serve with Ice Cream! Nom, Nom, Nom!

Member Interviews With Gavin E. and Victor

Victor: How did you hear about the Jacaranda Clubhouse?

Gavin: I heard it through an Occupational Therapist.

Victor: Was the orientation helpful?

Gavin: Yes, was able to get an overview of the areas in the Clubhouse.

Victor: Which unit are you more interested in and Why?

Gavin: Food Services Unit, because it is something I am interested in doing and I enjoy working with food.

Victor: So Gavin what are your interests in life?

Gavin: To be successful in life, and play computer games.

Victor: What are you career goals?

Gavin: To be working as a cabinet maker in furniture industry.

Victor: Do you have any pets?

Gavin: Yes, a boxer dog, unfortunately it died by a rattle snake bite in South Africa.

Victor: What type food do you like eating?

Gavin: All kind of Asian stir fry's.

Victor: What type of dessert do you like?

Gavin: Strawberry cheesecake.

Social Recreation: Beading with Howard



The beading was organised and run by Howard..

It was great fun, there were so many beautiful beads to choose from.

I chose pink flower beads and tiny shell coloured beads. We all made a bracelet each.

Howard was very patient in showing us what to do.

Hopefully it will be a monthly event.

Next time we are making ear-rings.

I can't wait.

Written by Carmen

Find a Word Puzzle

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | J | N | O | I | T | A | C | I | D | E | M | S | N | S |
| M | O | U | N | T | A | I | N | S | G | B | C | L | T | K |
| C | I | C | S | D | G | O | R | D | M | H | J | H | I | A |
| F | M | O | Z | O | Z | S | I | E | I | V | G | M | O | S |
| T | R | Q | G | H | U | R | T | Z | T | U | O | B | P | E |
| J | A | E | D | N | R | P | O | E | O | N | S | D | N | S |
| L | W | U | S | O | I | P | U | H | K | C | I | O | H | R |
| P | Z | C | P | U | H | K | T | S | A | N | I | W | G | O |
| H | O | K | O | R | O | W | L | R | H | T | A | V | Q | H |
| M | F | S | E | U | C | H | N | A | A | O | Q | L | T | D |
| Q | R | N | I | Q | N | I | B | X | W | F | W | O | B | R |
| D | I | G | V | T | V | T | A | U | C | H | A | L | K | J |
| A | Y | J | P | A | I | L | R | T | L | G | S | R | F | N |
| U | C | A | L | J | E | V | I | Y | Q | C | A | U | M | D |
| I | L | S | T | R | W | M | E | F | N | D | R | N | B | V |

Blankets

Bushwalking

Carnivals

Country

Clubhouse

Farm

Horses

Jacaranda

Mountains

Medication

Porridge

Positive

Psychotherapy

Physiotherapist

Relaxation

Schizophrenia

Show

Soup

Thoughts

Warm

Winter

Calendar Of June Events

| | | | | | | |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| | | | | | | 1 |
| 2 | <p>3</p> <p>Orientation Training 11.30</p> <p>Updating FSU OH&S</p> <p>Partnership Project</p> <p>Project-Member Survey</p> <p>Discover CBD 11.30-11.45</p> <p>Jacaranda Flour Project</p> | <p>4</p> <p>E & E 10am</p> <p>Food Service Unit-Occupational Health and</p> <p>Safety Training</p> <p>ROAD</p> <p>Unit Policy Meeting 9.30</p> <p>Discover CBD 11.30-11.45</p> | <p>5</p> <p>Cook Book</p> <p>Goal Setting</p> <p>Clubhouse Maintenance</p> <p>ROAD</p> <p>International Food Day Research</p> <p>Discover CBD 11.30-11.45</p> | <p>6</p> <p>Partnership Project</p> <p>FSU-OH&S Training</p> <p>Policy Meeting 1.30</p> <p>Newsletter Meeting 9.30</p> <p>ROAD</p> <p>Discover CBD 11.30-11.45</p> | <p>7</p> <p>Menu Planning 9.15</p> <p>Card making 10.30</p> <p>House meeting</p> <p>11am</p> <p>Healthy Lifestyles Research</p> <p>Discover CBD 11.30-11.45</p> | 8 |
| 9 | <p>10</p> <p>Orientation Training 11.30</p> <p>Updating FSU OH&S</p> <p>Partnership Project</p> <p>Project-Member Survey</p> <p>Discover CBD 11.30-11.45</p> <p>Jacaranda Flour Project</p> | <p>11</p> <p>E & E 10am</p> <p>FSU –OH&S</p> <p>ROAD</p> <p>Unit Policy Meeting 9.30</p> <p>Discover CBD 11.30-11.45</p> | <p>12</p> <p>Cook Book</p> <p>Goal Setting</p> <p>Clubhouse Maintenance</p> <p>ROAD</p> <p>International Food Day Research</p> <p>Discover CBD 11.30-11.45</p> | <p>13</p> <p>Partnership Project</p> <p>FSU-OH&S Training</p> <p>Clubhouse Policy Meeting 1.30</p> <p>Newsletter Meeting 9.30</p> <p>ROAD</p> <p>Discover CBD 11.30-11.45</p> | <p>14</p> <p>Menu Planning 9.15</p> <p>Card making 10.30</p> <p>Healthy Lifestyles Research</p> <p>Discover CBD 11.30-11.45</p> | 15 |
| 16 | <p>17</p> <p>Orientation Training 11.30</p> <p>Updating FSU OH&S</p> <p>Partnership Project</p> <p>Project-Member Survey</p> <p>Discover CBD 11.30-11.45</p> <p>Jacaranda Flour Project</p> | <p>18</p> <p>E & E 10am</p> <p>FSU –OH&S</p> <p>Unit Policy Meeting 9.30</p> <p>ROAD</p> <p>Discover CBD 11.30-11.45</p> | <p>19</p> <p>Cook Book</p> <p>Goal Setting</p> <p>Clubhouse Maintenance</p> <p>Brochure Top Up in Community</p> <p>ROAD</p> <p>International Food Day Research</p> <p>Discover CBD 11.30-11.45</p> | <p>20</p> <p>Partnership Project</p> <p>FSU-OH&S Training</p> <p>Clubhouse Policy Meeting 1.30</p> <p>Newsletter Meeting 9.30</p> <p>ROAD</p> <p>Discover CBD 11.30-11.45</p> | <p>21</p> <p>Menu Planning 9.15</p> <p>Card making 10.30</p> <p>House meeting</p> <p>11am</p> <p>Healthy Lifestyles Research</p> <p>Discover CBD 11.30-11.45</p> | 22 |
| 23 | <p>24</p> <p>Orientation Training 11.30</p> <p>Updating FSU OH&S</p> <p>Partnership Project</p> <p>Project-Member Survey</p> <p>Discover CBD 11.30-11.45</p> <p>Jacaranda Flour Project</p> <p>Unit Evaluation</p> | <p>25</p> <p>E & E 10am</p> <p>FSU –OH&S</p> <p>ROAD</p> <p>Unit Evaluation</p> <p>Discover CBD 11.30-11.45</p> | <p>26</p> <p>Cook Book</p> <p>Goal Setting</p> <p>Clubhouse Maintenance</p> <p>ROAD</p> <p>Unit Evaluation</p> <p>International Food Day Lunch</p> <p>Discover CBD 11.30-11.45</p> | <p>27</p> <p>Partnership Project</p> <p>FSU-OH&S Training</p> <p>Clubhouse Policy Meeting 1.30</p> <p>Newsletter Meeting 9.30</p> <p>ROAD</p> <p>Discover CBD 11.30-11.45</p> <p>Unit Evaluation</p> | <p>28</p> <p>Menu Planning 9.15</p> <p>Card making 10.30</p> <p>Healthy Lifestyles Research</p> <p>Discover CBD 11.30-11.45</p> <p>Unit Evaluation</p> | 29 |



Member's Birthdays

| March | April | May |
|----------------------|--------------|----------------|
| 1st Margaret W | 3rd Luke H | 2nd Heather Mc |
| 3rd Ernie Ev | 11th Ron G | 7th Elise T |
| 4th Sean H | 23rd Billy H | 8th Jeffery B |
| 8th Irene C, Wendy W | | 14th Sandra B |
| 15th Raylene S | | 16th Troy K |
| 30th Elaine E | | 17th Leo M |
| | | 23rd Warren S |

Member Employment

By Victor S

I have been working part-time as a Bookkeeper 8 hours per week for Antennas 4 Less in Ipswich since late February 2014. It is supported employment through Each employment for 6 months, with the opportunity to continue in the future. It has provided me with practical hands on experience utilising what I learnt in the Certificate 4 in Bookkeeping. My Boss is wonderful and understanding and allows for flexibility for me to continue to engage with my other support networks. My duties involve managing the accounts in MYOB and payroll, scheduling jobs, and general office correspondence.

Movie Review-Jo

Silver Linings Playbook is a 2012 American romantic comedy-drama film written and directed by David O. The film stars Bradley Cooper and Jennifer Lawrence, with Robert De Niro, Jacki Weaver and Julia Styles.

Cooper Plays "Pat" Solatano, Jr, a man with bipolar disorder who is released from a psychiatric hospital and moves back in with his parents (De Niro and Weaver). Determined to win back his estranged wife, Pat meets recently widowed Tiffany Maxwell (Lawrence). She tells Pat she will help him get his wife back if he enter a dance competition with her. The two become closer as they train and Pat, his father, and Tiffany examine their relationships with each other as they cope with their issues.

Winner of 2 Academy awards with Jennifer Lawrence as best actress and Best film in 2013.

Personally a great film, 5 stars go and see it on DVD.

2013.

Shop 4 Nolans Plaza
44 East Street
P.O. Box 939,
Ipswich, Qld 4305
Phone: (07) 3281 0344

E-mail: jacarandaclubhouse@rocketmail.com
www.jacarandaclubhouse.com.au

Come In For an Orientation!

Jacaranda Clubhouse offers a safe place where people can start again and are perceived as a resource, not a burden on society. The Clubhouse is based on simple principals. It does not focus on illness or disability while recognizing that these exist. The Clubhouse hinges on the basic needs that many of us take for granted. The need to be needed.

We are on Facebook, Twitter and Linked in.

MEANINGFUL WORK.
MEANINGFUL
RELATIONSHIPS.
A PLACE TO COME.
A PLACE TO
RETURN.



Upcoming events for the winter newsletter issue.

Start preparing and training for the 10th Anniversary of the PARK2PARK challenge set for the 27th of July 2014, visit the website for more information and registration

<http://www.park2park.com.au/>

The PARK2PARK consists of a half marathon, 10km, 5km run, 5km walk and a family challenge.

Jacaranda Clubhouse will be holding a Apple Slinky Stall on the day.

